

Catherine's Corner Day Programs - Friday

Fantastic Fishing - Weir Locations

Program \$4.00 - Transport \$21.00 = \$25.00

Head out to the local waterways to engage in a spot of fishing. Learn to cast a line, tie a hook, or just watch for the bite! Enjoy the natural surroundings and take a walk if so desired. Participants bring their own lunch for a picnic lunch. In winter, staff may light a Bonfire. An enjoyable outdoor experience.



Good Grub Social Club: BYO money for Meal

Transport \$10.00

Join in the selection of a place to go out for lunch. Spend time developing your conversational skills and table etiquette, in an informal environment. The transport is covered in the activity fee. You will need to bring \$25- 30 dollars for a meal and a drink. The group will decide what they would like to do before going to lunch.



Grocery Shopping and Bakeoff

Program \$8.00 - Transport \$3.00 = \$11.00

Assist with the shopping for Catherine's Corner by attending the local supermarket during the quiet time, designed to reduce overstimulation, to purchase the groceries for Catherine's Corner for the week. Staff will assist in navigating the supermarket and to push the trolley, collect the items of the shelf and help put the items through the checkout, before returning to Catherine's Corner to unpack the groceries.



Create some delights in the kitchen to share with others at Catherine's Corner, and to take some home. Bake delicious slices or cakes using a packet mix or a simple recipe to make and share with other participants. Following a recipe, you will practice measuring, preparing the tins and using an oven, with an emphasis on baking skills, hygiene, and safety. When it has cooled, decorate it, and enjoy!



Pizza Making and Pamper Paradise

Program \$7.00 - Transport \$3.00 = \$10.00

Stoke up the pizza oven ready for lunch! Assist in starting the woodfired pizza oven so it is ready for cooking at lunch time. Work on your independent living skills to create your own pizza. Help to prepare toppings and create your own delicious Lunch. Sit down to enjoy lunch with the other participants and work on your social skills.



Enjoy relaxing music, different fragrances, a foot spa or hand/foot/head massage as tolerated. Spend time in the calm room with gentle lighting, bubble tubes and comfortable seating of your choice. Take some time for yourself!



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Mini Golf

Program \$14.00 - Transport \$16.00 = \$30

Mini Golf is a fantastic way to stay active, build confidence, and have a great time! Enjoy a game with friends in a social environment while developing your coordination and problem-solving skills. It's a game where everyone can join in and succeed! Lunch will be at a local park.



One 2 One Individualised Support

Looking for someone to support you in an individualized activity or a program in the wider community? Please contact us to see if we can match you with a staff member to assist you.

