

St John's Day Programs - Friday

Card Creations & The Zen Zone

Program = \$7.00

Develop your card making skills. Increase your fine motor skills and attention to detail while you create your own designs or copy one you like. Make cards for special occasions to take home or create cards for others. Take part in a variety of sensory activities designed to provide relaxation through sensory stimulation for the participants. Activities can include foot spas and massages, sensory massaging, aroma therapy, relaxing music, and nail manicures.



Bottlebrush Cafe: Lunches

Program = \$7.00

This Program is for Participants who can be assisted to complete a Food Handlers Certificate and work in a Commercial Kitchen.

Help cook lunch that can be purchased by our Head office staff. A menu will be developed for the Term. Ordered online by staff, to enable the correct amount of ingredients to be purchased, the team work together to make the meals in time for lunch. Lunch is provided from the menu prepared on the day.



TAFE Certificate I (Full year course - Next Enrolment: Feb 2026

Program paid directly to TAFE - Transport = \$7.00

Attend TAFE supported by staff while undertaking a certificate in Work skills for life. We will assist you to sign up to the class. The cost is an upfront payment directly to the TAFE. Either meet staff there for a 9am start or Participants catch the bus from 8.30 in the morning for a 9am start. The cost of the program is Transport only, the course cost is paid directly to the TAFE.



The Library Legends and Indoor games

Program \$4.00 - Transport \$6.00 = \$10.00

Visit either the Lavington or Albury Library, where you can browse, discuss displays, join activities, and borrow/return materials (bring your library card or consent to get one). After returning to St Johns, join a 'reading circle' to enhance social and literacy skills, and develop responsibility by returning borrowed materials on time.

After lunch, play a variety of games including Magnetic Darts, Quoits, Air Hockey, and more, either in small groups or individually. This promotes sharing, taking turns, and developing a sense of fair play and tactical awareness. It also helps build confidence in your physical abilities and improves gross and fine motor skills.



One 2 One Individualised Support

Looking for someone to support you in an individualized activity or a program in the wider community? Please contact us to see if we can match you with a staff member to assist you.

