

# Catherine's Corner Day Programs - Friday

---

## Fantastic Fishing - Weir Locations

**Program \$4.00 + Transport \$21.00 = \$25.00**

Take part in a supported fishing outing at the Hume Weir. Participants may practise casting a line, tying hooks, or observing the environment. The group may also enjoy a walk and a picnic lunch. This activity promotes sensory engagement, patience, coordination, and connection with nature. In winter, staff may light a bonfire to enhance comfort and enjoyment. Bring your own lunch.



## Good Grub Social Club: BYO money for Meal

**Transport \$10.00**

Join the group in choosing a place to go out for lunch. Practise communication, conversation skills, decision-making, and table etiquette in a relaxed community setting. You will need to bring \$25-\$30 for a meal and drink.



## Grocery Shopping | Bakeoff

**Program \$8.00 + Transport \$3.00 = \$11.00**

Assist with the shopping for Catherine's Corner by attending the local supermarket during the quiet time, designed to reduce overstimulation, to purchase the groceries for Catherine's Corner for the week. Staff will assist in navigating the supermarket and to push the trolley, collect the items of the shelf and help put the items through the checkout, before returning to Catherine's Corner to unpack the groceries.



Create some delights in the kitchen to share with others at Catherine's Corner, and to take home. Bake delicious slices or cakes using a packet mix or a simple recipe to make and share with other participants. Following a recipe, you will practice measuring, preparing the tins and using an oven, with an emphasis on baking skills, hygiene, and safety. When it has cooled, decorate it, and enjoy!



## Pizza Making | Pamper Paradise

**Program \$7.00 + Transport \$3.00 = \$10.00**

Assist staff to prepare and light the woodfired pizza oven. Help prepare toppings and create your own pizza, developing your independent living skills, sequencing, and kitchen safety.



The group will enjoy lunch together, building social interaction and communication skills. You may also choose to engage in calming activities such as music, fragrances, foot spas, massage, or time in the calm room to support relaxation and wellbeing.



# Catherine's Corner Day Programs - Friday

---

## Mini Golf

**Program \$19.00 + Transport \$20.00 = \$39.00**

Take part in a mini golf outing, encouraging physical activity, coordination, problem-solving, and confidence in a social setting. This inclusive activity supports teamwork and positive peer interaction.

The group will enjoy lunch at a local park following the game.



---

## One 2 One Individualised Support

Looking for someone to support you in an individualised activity or a program in the wider community? Please contact us so we can match you with a staff member to assist you.

