

Illamatta Way Day Programs - Wednesday

Gamers Den | Indoor Madness (Games)

Program = \$3.00

Take part in supported card games, board games, or computer-based games in small groups or individually. Practise following rules, taking turns, sharing, and good sportsmanship.

This activity supports social interaction, problem-solving, pattern recognition, confidence, and fine and gross motor skills.



Slices & Cupcakes | Cards & Games

Program \$8.00 + Transport \$3.00 = \$11.00

Work together to choose a recipe and bake slices or cupcakes. Practise measuring, food preparation, hygiene, kitchen safety, and oven use. Once baked, decorate and pack your creations to take home. You may also visit a professional cupcake maker to learn decorating techniques.

After lunch, enjoy relaxed games such as cards, board games, or crosswords to practise turn-taking, strategy, fine motor skills, and resilience.



Strikes-r-us Tenpin Bowling + Movies

Program \$12.50 + Transport \$6.00 = \$18.50

Join the Team and have a friendly game of tenpin bowls with others. Learn to follow the scoreboard and work on taking turns. Develop the technical skills for a Strike! Work on your social skills while chatting and supporting your team mates to celebrate the proud moments. Head out for lunch afterwards at a local park.

Then 2 times a term, the group will take a break and enjoy some R&R at the movies! Participants can bring along some cash if they'd like movie snacks on the day. This activity requires a companion card.



Candles & Soap Making

Program = \$12.00

Create your own candles, soaps, bath bombs, or bath salts using moulds, wax, scents, oils, and soap flakes. Follow simple recipes and customise your creations to suit your preferences.

This activity supports sensory exploration, sequencing, fine motor skills, creativity, and confidence. Finished items can be taken home or gifted to others.



One 2 One Individualised Support

Looking for someone to support you in an individualised activity or a program in the wider community? Please contact us so we can match you with a staff member to assist you.

