

St John's Day Programs - Monday

Colouring Companions | Beading Buddies

Program = \$8.00

Enjoy colouring with those who have the same passion. Select a picture to colour or create your own and enjoy some music and conversation while completing it.

Using your creativity make necklaces, bracelets, or earrings or use your imagination and create different patterns with Perler or Hama beads to make Key tags, animals or create your own designs.



Coffee Club | Outdoor Games

Program \$7.00 + Transport \$7.00 = \$14.00

Enjoy a group outing to a local café or venue where you can purchase your own drink. Staff will support you to practise money handling, decision-making, and communication skills.

The group will then head to a nearby park for a picnic lunch, a walk, and some outdoor games such as quoits, basketball, or cricket to support physical activity, turn-taking, teamwork, fair play, and confidence in physical abilities.



Meals on Wheels

Program = \$7.00

Work in a small group to deliver meals to elderly and vulnerable people in our community. With the support of staff, collect the meals, assist in navigating to the address, and the delivery of the meal. This helps to develop self-confidence and self-esteem through service to the community. Enjoy a drink at a local café, followed up by a picnic lunch and some gentle exercise at a local park.



Woodcraft | Gardening

Program \$20.00 + Transport \$5.00 = \$25.00

Take part in a supported woodwork activity, working individually or as part of a group to complete kit projects using basic tools and PPE where required. Follow instructions to safely build items you can take home, supporting fine motor skills, sequencing, and problem-solving.

In the afternoon, enjoy hands-on gardening activities such as planting, potting, or maintaining the community garden. Help grow produce for the Bottlebrush Café or create potted plants and herb gifts. This activity supports sensory engagement, teamwork, routine, and connection with nature.



One 2 One Individualised Support

Looking for someone to support you in an individualised activity or a program in the wider community? Please contact us so we can match you with a staff member to assist you.

