

St John's Day Programs - Friday

The Zen Zone

Program = \$7.00

Relax with calming sensory activities such as foot spas, gentle massage, aromatherapy, soothing music, sensory tools, or nail care, supporting self-regulation and relaxation.



Bottlebrush Cafe: Lunches

Program = \$7.00

This Program is for Participants who can be assisted to complete a Food Handlers Certificate and work in a Commercial Kitchen.

Help cook lunch that can be purchased by our Head Office staff. Ordered online by staff, the team work together to make the meals in time for lunch. Learn how to make coffee under the guidance of staff with experience in coffee making. Lunch is provided from the menu prepared on the day. This activity builds independence, practical life skills, confidence, and develops skills ready for the workplace.



TAFE Certificate I (Full year course - Next Enrolment: Jan 2027)

Program paid directly to TAFE + Transport = \$7.00

Attend TAFE supported by staff while undertaking a certificate in Work skills for life. We will assist you to sign up to the class. The cost is an upfront payment directly to the TAFE. Either meet staff there for a 9am start or Participants catch the bus from 8.30 in the morning for a 9am start. The cost of the program is Transport only, the course cost is paid directly to the TAFE.

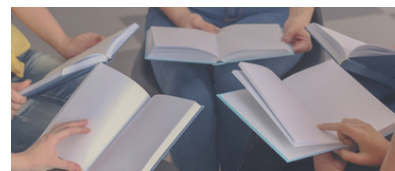


The Library Legends | Indoor games

Program \$4.00 + Transport \$6.00 = \$10.00

Visit the Lavington or Albury Library with staff support to browse collections, view displays, join activities, and borrow or return materials (library card required or consent provided). After returning to the centre, join a reading circle to build literacy, communication, and responsibility.

After lunch, enjoy a variety of games such as magnetic darts, quoits, air hockey, and others, played individually or in small groups. These activities support turn-taking, sharing, coordination, confidence, and gross and fine motor skills.



The Art Collective

Program \$8.00

Explore your creativity through a variety of art and craft activities using fabrics, fibres, paint, collage materials, and other craft resources to create unique artworks while exploring colour, texture, pattern and design. Activities encourage creativity and sensory engagement in a social setting, supporting fine motor skill development, confidence, self-expression, and a sense of achievement.

